

4-H Clover

Skagit County



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Look for us on the web:

Skagit 4-H website:

<http://www.skagit.wsu.edu/4-HSC/>

WA State 4-H website:

<http://4h.wsu.edu>

Skagit County's 2007-2008 4-H Year

As the 2007-2008 4-H year ends, I would like to express my gratitude to all volunteers for the wonderful and meaningful work you have done, to all the parents for supporting the clubs, and to all youth for your determination in making 4-H in our county an awesome program.

It has been quite an exciting year and a lot has been accomplished. To name a few, we had our first leadership retreat, a full house achievement night, a successful Super Saturday, the second largest delegation of kids in the KYG Conference, a huge participation in public presentations, two summer camps, lots of outreach activities, and a great county fair. Most importantly, we had clubs working on exciting projects directly touching the lives of the youth and helping to mold a stronger character.

In the midst of so much excitement we had our sad moment: Amanda Proudfoot proved valiant to the end. Although she is no longer with us, her battle against cancer, perseverance, optimism, resilience, determination, and laughing even when suffering have become her legacy which is alive among us.

This issue of 4-H Clover is dedicated to her memory. I have asked Michael Wallace and Michelle Fry to tell us a little about Amanda. They worked together with her at the WSU Extension Office for several years.

William Freitas

In Memory of Amanda

Michael Wallace was the Extension Educator when Amanda was hired as 4-H staff in the summer of 2004.



"I knew when we interviewed Amanda that she was the woman that the Skagit 4-H Program needed as a Program Coordinator. Beyond all the checklists and interview questions, it was just something I knew at a gut level: there was something about her that would help complete our program. I guess when we first started working together I would have said it was her sense of humor, her

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4-H Extension Staff Contact information:

WSU Skagit County Extension

11768 Westar Lane, Suite A
Burlington, WA 98233
(360) 428-4270

Office Hours:

8:30 am — 4:30 pm
Monday thru Friday

William Freitas

4-H Youth Development Educator
Ext. 226
Email: williamf@co.skagit.wa.us

Vacant

4-H Program Coordinator
Ext. 237
Email:

Ned Zaugg

WSU Skagit County Extension
Director, Dairy Agent
Ext. 224
Email: nedz@co.skagit.wa.us

Sue Moulton

Office Aide/Receptionist
Ext. 0
Email: suem@co.skagit.wa.us

Valerie DeKok

Staff Assistant, Webmaster
Ext. 221
Email: vdekok@co.skagit.wa.us

willingness to listen to people, and her calm way of resolving disputes. She dove right into the program and opened her heart up.

When her cancer returned, I was really impressed with how many of you came together to show support to her and her children. She often shared her tears of gratitude with me for all that you folks did for her. She was so touched. It showed me that there is a stronger, deeper and better part of 4-H in Skagit County, the often neglected 'H' of putting our hands to "larger service."

When I visited with Amanda at home in her last weeks, I was encouraging her that she was going to bounce back when the effects of chemo wore off.

I told her that we needed to go out and do something, get some fresh air, have some fun. "What I really wanted to do," she said from her hospice bed, "is go to the fair. I miss all those folks. I'd really like to see them." Given the short time she knew she had, that was where she wanted to be. It struck me then, that the "something" that Amanda always had in spades, the thing that she gave to the Skagit 4-H Program, was a deep sense of compassion. She truly cared about you. She demonstrated for all of us what it means to be a caring individual. Please strive to "make the best better" for each other. That has always been a vision that Amanda and I shared for the program."

Michelle Fry was an administrative assistant at the Extension office when Amanda started working with 4-H:

"I am not sure what I would like to share about my relationship with Amanda. She was my confidante and always gave great advice and encouragement when it was needed. We talked about the challenges of raising boys and she shared some self-help books with me about building my confidence. I think I still have one of them actually.

At the daycare center my kids called her "Miss Amanda" and Lee absolutely adored her hugs every day. Lee and Odin were buddies in Head Start. Amanda and I got together and took the boys on a day trip to the Woodland Park Zoo a couple of summers ago. We had a great time laughing with the kids and hanging out that day. She came to parties at my house and I took the boys to Odin's birthday party at the gymnastics place. We shared a love of scarves and talked about different ways to tie them. She shared some of the fruits of her garden with my family as well—we enjoyed the squash very much.

There is also the hard stuff I remember after the cancer had returned and the chemo started to take its toll on her body. I will keep those memories to myself because I don't think she would want others to know about them. That was the kind of woman she was. Very private on her pain and always wanting to keep her dignity. We shared a love of art and children. I will miss her greatly. I really regret not seeing her more often after I stopped working at the Extension office. We always think there will be more time. I only hope to touch lives the way she did and have a positive effect on others. She was a great role model."

Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Skagit County. Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Extension Office.

County Fair Highlights

I would like to congratulate all of our 4-H members, leaders, and 4-H Superintendents for a great fair.

Superintendents

It is very important that superintendents and co-superintendents attend the Monthly superintendent meeting every second Tuesday of the month from 5pm to 6pm at the fairgrounds. The purpose of these meetings is to decide on important topics concerning 4-H and the fair. In the last meeting a Ribbon and an Entry Forms committee were formed. If you are interested in joining any of these committees contact the 4-H office.

A local superintendent super school is being planned for May. Soon we will be sending out a survey to determine the classes to be offered.

If you have any changes or corrections for the 2009 Premium Book now it is the time to send it to the fairgrounds. Once the Premium Book is edited and printed it is final.

There are two openings for 4-H superintendents: Rabbits and Cavies.

Report on Fair and 4-H comments

The great job by the fair manager Leslie Collings and her team, the fair board, 4-H clubs and leaders, general volunteers and other participants resulted in a better fair evaluation by the State Evaluator. Our overall points total went from 2,105 in 2007 to 2,410 in 2008.

Here are some comments from Department of Agriculture Evaluator Karen Hay:

Fairgrounds:

- Grounds were in good condition.
- Flowers looked great.
- Grounds & barns were clean despite being the third day of Fair.
- Wheelchairs and wagons were offered.
- Plenty of hand sanitizers, sinks, hand washing information.
- Plenty of recycle cans.
- Suggested that we put a pipe on the barrel lids so we don't get stung by bees.

4-H:

- The displays in the Still Life exhibits area were very well done.
- Red plates were a great way to make the entries to stand.
- She was impressed with the Sea Tech display, kids were engaged and excited about what they were doing
- Cat barn - had great activities for the public; 7
- Poultry barn – public loved the baby chicks and the egg hatching display
- Sheep barn – she was impressed with cleanliness after change over, swept walkways, and wool display
- Dog barn – “hats off” to kids staying all day, best decorated dog barn she has seen to date
- Horse barns -- great decorations, clean even on show days, noticed that the kids were watching out for public and “hopped on them” when they came in so they could answer any questions they had.
- Swine barn – football game going on in the show ring, everyone was having great fun and only one pig got hit! Loved the baby pigs, noticed that there could be more pickup of stuff in this area
- Beef barn — everyone was having a great time, needed a little cleanup, kids were talking to the public and didn't see one parent yelling at their kids
- Loved the Pavilion, great, beautiful, old building with a super show ring
- Great dairy area, clean, was impressed with the variety of goat breeds.

You can request a copy of the full report from the Fairgrounds office.



local news/upcoming events

New 4-H Year Enrollment

Enrollment packets were mailed to the club leaders. Please, pay attention to the following details:

Each packet also contains enrollment forms for new members or leaders. If you need more just let us know and we will send you more. You can download from the Skagit website <http://skagit.wsu.edu/4-HSC/forms.htm> as well.

Return the re-enrollment forms to the office by November 7th.

Note that the enrollment forms have been modified so please use these and discard any previous enrollment forms that you may have.

Returning members, leaders and parents need only sign the back under the Code of Conduct rather than signing on each side. New members will need to sign the back of the pink enrollment form and their yellow Code of Conduct sheet. Please do not send them back unsigned!

Remember to enclose your \$7/member insurance/pin money (\$21 per family). This helps to cover the costs for the required insurance, as well Achievement night.

Have each member review the entire enrollment form and verify or correct the information. Please pay special attention to the number of years in 4H.

Leaders, please, check that your birthdates are on the form and correct.



Achievement Night Coming Up!

Mark your calendars for **Friday, November 21** at **7 PM** at **Crossroads Covenant Church in Burlington**. It's Achievement Night 2008! Please make sure that your members are aware of the date.

Leadership Retreat January 15th

Mark your Calendar

More information will be available soon!



New Leaders' Council President

We congratulate Christy Lyons, the new President of Skagit County 4-H Leaders' Council. She was elected for the 2009—2010 term at the last Leaders' Council meeting on October 6. Christy is a young and energetic 4-H leader. She is admired by her peers and loved by her club kids. Let's offer her all the support she needs in her new challenge.

A little about Christy by Christy:

"Hi, my name is Christy Lyon. I am a leader of Kidz-N-K-9s 4-H club and the new president of Leaders Council. I was asked to write a short bio about myself, so here it is. As a child I was in 4-H for 8 years, I did the horse, dog, service dog, and leadership projects. When I graduated out of 4-H I knew I didn't want it to end there, so I decided to take leaders training, and then started Kidz-N-K-9s 4-H Club. Our club started out small 9 years ago, and presently has about 40 members.

Outside of my time with 4-H, I work at Chuckanut Valley Vet Clinic. I have 2 cats, 2 dogs and a service dog that I am raising for Summit Assistance Dogs. In my spare time I enjoy going on walks with my dogs. I really enjoy the time that I spend working with the 4-H program and all the kids and leaders involved. I think 4-H is one of the better youth development programs available to the kids in our community. I look forward to holding the position of president for Leaders Council and I would like to encourage all of you to attend a meeting sometime."



HALL OF FAME

We are pleased and proud to announce that two Skagit County volunteers have been inducted into the Washington State 4-H Hall of Fame:



Bonita Elfstrom

Jean Swift

Thanks Becki!

Becki Pinguoch, the former president, did an awesome job during her term. Her dedication, commitment, and enthusiasm were instrumental to the growth of the 4-H program in the County.

Becki is now the new leader of Serendipity Club in Sedro-Wooley. She will continue attending the council meetings and playing an important role as an active member.

Leaders' Council

Next Leaders' Council is **November 3rd at 7 PM** at the WSU Extension Office. Soon the agenda will be sent out by e-mail.

Your presence is appreciated.

Volunteer hours

Please report as soon as possible your volunteer hours.

Reporting of volunteer hours is required for all volunteers in WSU Extension programs. Plus, we want to recognize you for your efforts! If you need a form, you can find Microsoft Word and Adobe PDF versions by going online to <http://www.skagit.wsu.edu/4-HSC/forms.htm> and click on **Volunteer Hours Report Form** under the **Reporting Forms** category.

New Leader Training

Clubs wanting to have some additional leaders need to pass on to parents or friends that new leader training will be in two sessions. Session one begins November 5th, 6:30 PM and session two November 12th, 6:30 PM. At WSU Extension Office.



2008 State Fair Results for Tails-Up 4-H Dog Club

On September 15th, 2008, Tails-Up members participated in the **State Dog Judging Team**. **Sr. Elisa Swanson** was our only senior member on the senior team of four. *Lindsey Menger also qualified to be on the senior team, but did not judge.* The senior team took 6th overall in state.

Tails-up had three of the four intermediate team members. These were **Patrick Swanson, Sarah Marker, and Kaitlyn Zitkovich**. The intermediate team took 3rd in state. **Sarah Marker** placed 1st and took Top Overall and Top Oral Reasons. **Kaitlyn Zitkovich** placed 9th overall.

Seven club members showed their dogs at the State Fair on September 18th.

- **Sr. Lindsey Menger** with Coal, a Brussels Griffon, received a Red in Novice obedience and a Merit in showmanship with a score of 95 or above.
- **Sr. Elisa Swanson** with Pippin, a Border Collie mix, was the novice obedience Champion and received a Merit in showmanship.
- **Int. Kaitlyn Zitkovich** with J'mi, a Chesapeake Bay Retriever, received a Blue in Pre-Novice obedience and was the Champion with a Merit in showmanship.
- **Int. Sarah Marker** with Buddy, a Golden Retriever, was the Pre-Novice Champion in obedience and the Reserve Champion with a Merit in showmanship.
- **Int. Patrick Swanson** with Roscoe, shown as a Tibetan Mastiff mix, was the Pre-Novice obedience Reserve Champion and received a Merit in showmanship.
- **Int. Kimberly Torheim** with Pepper, a Pomeranian, received a Red in Pre-Novice obedience and a Blue in showmanship. This was her first year showing.
- **Jr. Oakley Zitkovich** with Minni, a Toy Poodle, received a White in Pre-Novice obedience and a Blue in showmanship. This too, was her first year.

National 4-H Week in Skagit County

4-H Week was a quiet success. It demonstrated how deeply rooted 4-H is in the Skagit community. At the Commissioner's proclamation, we could perceive the respect the Commissioners had as they lauded the 4-H leaders and youth. Each Commissioner expressed delight in seeing our youth that were present, and they spoke of how they all have family ties to the 4-H program. It was a very proud moment for those present.

You can watch the program by going to the Skagit County 4-H webpage and clicking on the **Link of the Month** or click on the following link:

http://skagit.granicus.com/MediaPlayer.php?view_id=2&clip_id=320

Then forward the video to 2:11:30 or select "3:00 - 3:30 Proclamation" from the the "Jump to..." drop down box below the video.



Seven **Public Presentations** were given at State Fair:

- **Sr. Elisa Swanson** – Blue and Merit
- **Int. Toria Van Horst** – Blue and Merit
- Int. Patrick Swanson – Blue
- Int. Kaitlyn Zitkovich – Blue on team with Forrest Elliott-Risto
- Int. Natalie Dougliss – Blue
- Int. Sarah Marker – Red
- **Jr. Oakley Zitkovich** – Blue with Merit
- Jr. Julia Soes – Blue

Submitted by:
Sarah Marker
Tails-Up Dog Club Reporter

Clubs and club reporters,

If you have club news, please submit it to the Extension office for inclusion in the next *4-H Clover* newsletter. Or if you would like to see your upcoming event listed on the 4-H web calendar, we would be happy to do that too.

Please contact William or Valerie with your news or request.

state fair results

Judging Contests

4th Place
Dairy
Senior
Cairnryan Mower,
Sedro-Woolley

3rd Place
Senior Dairy Judging
County Team
Cairnryan Mower,
Sedro-Woolley
Jared Fohn, Mount Vernon
Abby Lohman, Bow
Josef Fohn, Mount Vernon

Champion
Individual Dog Judging
Intermediate
Sarah Marker, Mount Vernon

3rd Place
Intermediate Dog Judging
County Team
Sarah Marker, Mount Vernon
Kaitlyn Zitkovich,
Sedro-Woolley
Larry Rodman,
Mount Vernon
Patrick Swanson, Stanwood

Dairy Cattle Fitting & Showing

3rd Place
Intermediate
Abby Lohman, Bow

3rd Place
Senior
Cairnryan Mower,
Sedro-Woolley

Senior Champion
Brown Swiss Cow
Cairnryan Mower,
Sedro-Woolley

Grand Champion
Brown Swiss
Cairnryan Mower,
Sedro-Woolley

Dog Obedience Dog Fitting & Showing

Champion
Junior
Bryanna Barritt,
Sedro-Woolley

Reserve Champion
Junior
Mikayla Rolfs, Mount Vernon

Champion
Intermediate
Kaitlyn Zitkovich,
Sedro-Woolley

Reserve Champion
Intermediate
Sarah Marker, Mount Vernon

Champion
Senior
Alice Pollock, Mount Vernon

Reserve Champion
Senior
Meagan Rodman,
Sedro-Woolley

Pre Novice Obedience

Champion
Intermediate
Sarah Marker, Mount Vernon

Reserve Champion
Intermediate
Patrick Swanson, Stanwood

Champion
Junior
Sarah Cram, LaConner

Advanced Novice Obedience

Champion
Senior
Malia McFarlane, Anacortes

Standard Novice Agility

Champion
Senior
Allison Trout, Burlington

Equine

8th Place
Western Games
Pole Bending
Senior
Carolyn Hunter,
Sedro-Woolley

Swine

Champion
Hampshire Gilt/Sow
Tarisa Toth, Anacortes

Champion
Yorkshire Gilt/Sow
Amanda Toth, Anacortes

Champion
Duroc Gilt/Sow
Andrew Toth, Anacortes

Reserve Champion
Duroc Gilt/Sow
Amanda Toth, Anacortes

Supreme Champion
Tarisa Toth, Anacortes

Fitting & Showing

Reserve Champion
Junior
Tarisa Toth, Anacortes

3rd Place
Junior
Andrew Toth, Anacortes

4th Place
Junior
Amanda Toth, Anacortes

Champion
Senior
Cassie Padilla, Arlington

Photography Exhibits

Award of Merit
Any Subject
Maddie Hoglund, Anacortes
(2)

Award of Merit
Close Ups
Sarah Furrow, Mount Vernon
Cameron Hoglund, Anacortes

Expressive Arts Exhibits

Award of Merit
Drawings
Isadora O'Brien,
Marblemount

Award of Merit
Paintings
Clint Malcom, Anacortes

Award of Merit
General Craft
Maddie Hoglund, Anacortes
Mattie Keltner, Anacortes

Award of Merit
Paper Craft
Katiebeth Lukehart,
Sedro Woolley (2)
Allison Trout, Burlington
Anna Groh, Mount Vernon

Plants Dept

Award of Merit
Garden Vegetables
Josiah Werda, Concrete

Public Presentations

Award of Merit
Elisa Swanson, Stanwood
Meagan Mailet,
Mount Vernon
Monica Malcom, Anacortes
Torja Van Horst,
Mount Vernon
Amelia Haigh, Bow
Makayla Haigh, Bow

Skagit 4-Hers,
These are the
results we received
from the State Fair.
If your name was
accidentally missed,
please let us know,
and we will include
you in the next
newsletter. Thanks!

u p c o m i n g e v e n t s

(Since these dates are planned well in advance they may change. Please enroll in our 4-H Lyris List to receive e-mail updates on events throughout the year. If already enrolled, please make sure that your email is up to date)

Leader's Council – 1st Monday of each month
Dog Leaders meeting – 3rd Monday of each month
Horse Leaders meeting – 4th Thursday of each month



OCTOBER – 2008

1	4-H year starts
5 - 11	National 4-H Week
6	4-H Council, 7:00 p.m. – WSU Extension
7	4-H Week Proclamation – Commissioners Office – 3:00 pm
10 - 12	2008 NW District Teen Rally <i>Camp Casey, Whidbey Island</i>
17 - 20	Washington State 4-H Forum, Everett WA
25	Small Animal Show (Sponsored by Serendipity 4-H Club), 10:00 am – Fairgrounds
28	Fair Superintendent Meeting, 5:00-6:00 – Fairgrounds 4-H Building

NOVEMBER – 2008

3	4-H Leaders' Council, 7:00 p.m. – WSU Extension Office
5	New Leader Training part I, 6:30-9:00 pm – WSU Extension Office
11	<i>Veterans Day (Extension Office Closed)</i>
12	New Leader Training part II, 6:30-9:00 pm – WSU Extension Office
21	Achievement Night, 7:00 p.m. – Crossroads Covenant Church (Appetizers 6:00 – 7:00)
27 & 28	<i>Thanksgiving (Extension Office will be closed)</i>
28 – Dec 2	National 4-H Congress – Atlanta, GA